

RUNNING SKILL DEMONSTRATIONS BELOW. THESE EXAMPLES ILLUSTRATE THE SKILLS FOR Q 13 \& 14 NO

| A \& B DIVISION |  | C \& D DIVISION |  | E DIVISION |  |
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| QUESTION 13 | QUESTION 14 | QUESTION 13 | QUESTION 14 | QUESTION 13 | QUESTION 14 |
| On a base hit (high velocity): <br> The runner safely advances one base (Example: An outfielder gets the ball into the infield and time is called, and no play is made at the base). | On a base hit (medium velocity): The runner safely advances one base (Example: An outfielder gets the ball into the infield and time is called, and no play is made at the base). | On a base hit (high velocity): The runner safely advances two bases (Example: An outfielder gets the ball into the infield and time is called, and no play is made at the base). | On a base hit (medium velocity): The runner safely advances two bases (Example: An outfielder gets the ball into the infield and time is called, and no play is made at the base). | On a base hit in front of the runner (medium velocity): The runner safely advances one base despite a defensive attempt to put the runner out (Example: An outfielder fields the ball \& throws it to second in an effort to put out the runner advancing from first, but the runner is safe). | On a base hit in front of the runner (medium velocity): The runner safely advances two bases despite a defensive attempt to put the runner out (Example: The left center fields the ball and throws to second in an effort to put out the runner advancing from first, but the runner is safe). |
| On a base hit <br> (high velocity): <br> The runner safely advances one base despite a defensive attempt to put the runner out (Example: An outfielder fields the ball and throws it to $2 n d$ in an effort to put out the runner advancing from 1st, but the runner is safe). | On a base hit (medium velocity): The runner safely advances one base despite a defensive attempt to put the runner out (Example: An outfielder fields the ball and throws it to 2nd in an effort to put out the runner advancing from 1st, but the runner is safe). | On a base hit (medium velocity): The runner safely advances one base despite a defensive attempt to put the runner out (Example: An outfielder fields the ball and throws it to 2nd in an effort to put out the runner advancing from 1st, but the runner is safe). | On a base hit (high velocity): The runner safely advances two bases despite a defensive attempt to put the runner out (Example: An outfielder fields the ball and throws it to 3 rd in an effort to put out the runner advancing from 1st, but the runner is safe). | On a base hit behind the runner (medium velocity): The runner safely advances two bases despite a defensive attempt to put the runner out (Example: On a ball hit to the outfield, a runner starting on 1st advances to 3rd or a runner starting on 2 nd advances to home). | On a base hit behind the runner (medium velocity): The runner safely advances three bases despite a defensive attempt to put the runner out (Example: On a ball hit to right field, a runner starting on 1st advances to home). |
| On a fly ball (high velocity): The runner safely advances one base (Example: The runner appropriately tags up by going far enough to be able to successfully advance on a dropped ball or stays on base and advances safely after the ball is caught). | On a fly ball (medium velocity): The runner safely advances one base (Example: The runner appropriately tags up by going far enough to be able to successfully advance on a dropped ball or stays on base and advances safely after the ball is caught). | On a fly ball (high velocity): The runner safely advances one base (Example: The runner appropriately tags up by going far enough to be able to successfully advance on a dropped ball or stays on base and advances safely after the ball is caught). | On a fly ball (medium velocity): The runner safely advances two bases (Example: The runner appropriately tags up by going far enough to be able to successfully advance on a dropped ball or stays on base and advances safely after the ball is caught). | On a fly ball (medium velocity): The runner safely advances one base (Example: The runner appropriately tags up by going far enough to be able to successfully advance on a dropped ball or stays on base and advances safely after the ball is caught). | On a fly ball (medium velocity): The runner safely advances two bases (Example: The runner appropriately tags up by going far enough to be able to successfully advance on a dropped ball or stays on base and advances safely after the ball is caught). |


| FIELDING (INFIELD) | Question 15 | Question 16 | Question 17 | Question 18 | Question 19 | Question 20 | Question 21 | Question 22 |
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| Ground Ball/Line Drive Low Velocity | Cleanly fields a ball hit with low velocity directly at the player. <br> OR <br> Stops the ball hit with low velocity directly at the pitcher. | Cleanly fields a ball hit with low velocity within a few steps (9-10 ft) of the player. <br> OR <br> Cleanly fields a ball hit with low velocity directly at the pitcher | Cleanly fields a ball hit with low velocity in the hole ( $>12 \mathrm{ft}$ or 4-5 steps) away from the player. |  |  |  |  |  |
| Ground Ball/Line Drive Medium Velocity |  |  | Cleanly fields a ball hit with medium velocity directly at the player. <br> OR <br> Stops the ball hit with medium velocity directly at the pitcher. | Cleanly fields a ball hit with medium velocity within a few steps (9-10 <br> ft ) of the player. <br> OR <br> Cleanly fields a ball hit with medium velocity directly at the pitcher. | Cleanly fields a ball hit with medium velocity in the hole ( $>12 \mathrm{ft}$ or 4-5 steps) away from the player. |  |  |  |
| Ground Ball/Line Drive High Velocity |  |  | Stops the ball hit with high velocity directly at the player. | Cleanly fields a ball hit with high velocity directly at the player. <br> OR <br> Stops the ball hit with high velocity directly at the pitcher. | Stops a ball hit with high velocity within a few steps (9-10 ft) of the player. <br> OR <br> Cleanly fields a ball hit with high velocity directly at the pitcher. | Cleanly fields a ball hit with high velocity within a few steps (9-10 ft) of the player. | Stops a ball hit with high velocity in the hole (>12 ft or 4-5 steps) away from the player. | Cleanly fields a ball hit with high velocity in the hole ( $>12 \mathrm{ft}$ or 4-5 steps) away from the player. |
| Fly Ball | Catches a fly ball hit directly at the player. | Catches a fly ball hit within 15 ft to the sides/front of the player. | Catches a fly ball hit within 30 ft to the sides/front of or 15 ft behind the player. | Catches a fly ball hit within 45 ft to the sides/front of or 30 ft behind the player. | Catches a fly ball hit within 60 ft to the sides/front of or 45 ft behind the player. | Catches a fly ball hit within 75 ft to the sides/front of or 60 ft behind of the player. | Catches a fly ball hit within 90 ft to the sides/front of or 75 ft behind of the player. | Catches a fly ball hit >90 ft to the sides/front of or $>75 \mathrm{ft}$ behind of the player. |
| $\begin{aligned} & \text { FIELDING } \\ & \text { (OUTFIELD) } \end{aligned}$ | Question 15 | Question 16 | Question 17 | Question 18 | Question 19 | Question 20 | Question 21 | Question 22 |
| Ground Ball Medium Velocity | Cleanly fields a ball hit with medium velocity directly at the player. | Cleanly fields a ball hit with medium velocity within 15 ft of the player | Cleanly fields a ball hit with medium velocity within 30 ft of the player | Cleanly fields a ball hit with medium velocity within 45 ft of the player | Cleanly fields a ball hit with medium velocity within 60 ft of the player | Cleanly fields a ball hit with medium velocity within 75 ft of the player | Cleanly fields a ball hit with medium velocity within 90 ft of the player |  |
| Ground Ball High Velocity |  | Cleanly fields a ball hit with high velocity directly at the player. | Cleanly fields a ball hit with high velocity within 15 ft of the player | Cleanly fields a ball hit with high velocity within 30 ft of the player | Cleanly fields a ball hit with high velocity within 45 ft of the player | Cleanly fields a ball hit with high velocity within 60 ft of the player | Cleanly fields a ball hit with high velocity within 75 ft of the player | $\qquad$ <br> leanly fiels a ball hit with high velocity withing fof the playe |
| Fly Ball | Catches a fly ball hit directly at the player. | Catches a fly ball hit within 15 ft to the sides/front of the player. | Catches a fly ball hit within 30 ft to the sides/front of or 15 ft behind the player. | Catches a fly ball hit within 45 ft to the sides/front of or 30 ft behind the player. | Catches a fly ball hit within 60 ft to the sides/front of or 45 ft behind the player. | Catches a fly ball hit within 75 ft to the sides/front of or 60 ft behind of the player. | Catches a fly ball hit within 90 ft to the sides/front of or 75 ft behind of the player. | Catches a fly ball hit >90 ft to the sides/front of or $>75 \mathrm{ft}$ behind of the player. |


| Question 23 | Question 24 | Question 25 | THROWING \& PI Question 26 | HING <br> Question 27 | Question 28 |
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| Throw 50 ft with line drive (regardless of accuracy) | Throw 50 ft with line drive and accuracy | Throw 70 ft with line drive and accuracy | Throw 100 ft with line drive and accuracy | Throw 150 ft with line drive and accuracy | Throw >200 with line drive and accuracy |
|  | Pitch a strike. | Vary the height, depth and location of the pitch while maintaining accuracy. | Deliver multiple pitch techniques while maintaining accuracy. |  |  |
| Throw 70 ft (regardless of arc or accuracy) | Throw 70 ft with line drive (regardless of accuracy) | Throw 100 ft with line drive (regardless of accuracy) | Throw 150 ft with line drive (regardless of accuracy) | Throw >200 ft with line drive (regardless of accuracy) | Throw 150 ft with line drive and accuracy while off center of gravity (e.g., from knees, from one foot, etc.) |
|  | Throw 100 ft (regardless of arc or accuracy) | Throw 150 ft (regardless of arc or accuracy) | Throw >200 ft (regardless of arc or accuracy) | Throw 100 ft with line drive and accuracy while off center of gravity (e.g., from knees, from one foot, etc.) |  |

